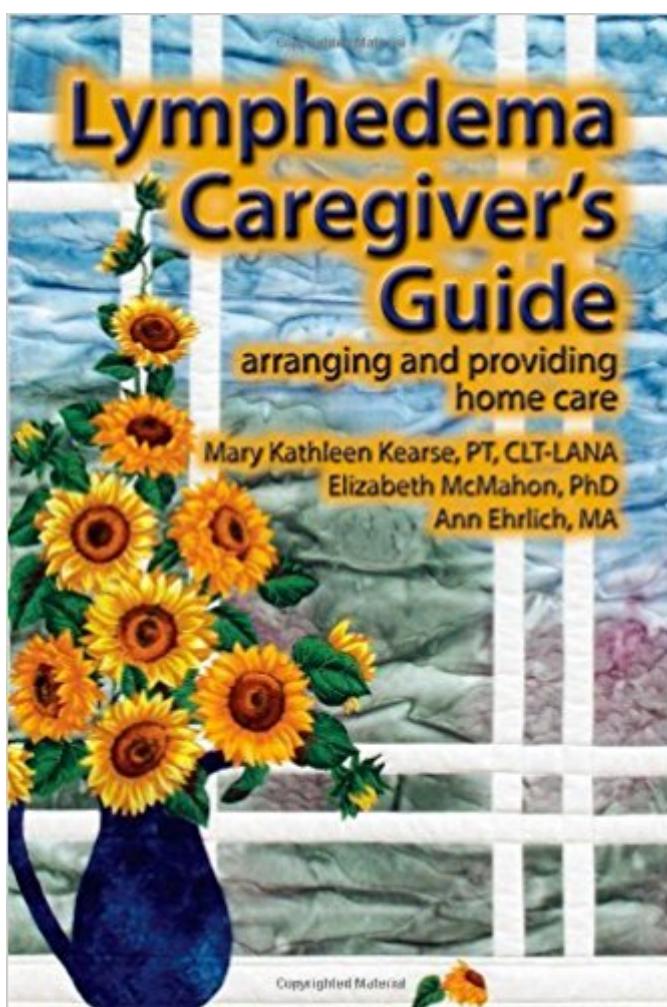


The book was found

# Lymphedema Caregiver's Guide: Arranging And Providing Home Care



## Synopsis

Caregiver's Guide is the first book to provide detailed instructions for caregivers on all aspects of lymphedema (or lymphoedema) home care including physical care (skin care, simple lymph drainage, compression, exercise, etc.), communications skills and emotional support, and activities of daily living. Caregivers will also learn ways to protect themselves from injury and burnout. Caregiver's Guide outlines a systematic approach to determining the patient's care needs, arranging care, and coordinating multiple caregivers. Trained lymphedema caregivers are in short supply now and we face a 'care gap' in the near future as the number of people needing care increases while the pool of potential family caregivers shrinks. This book is an important first step in the process of providing trained caregivers. This book will help: \* People with lymphedema and their families and friends understand what care is required, locate caregivers and other resources, and navigate the reimbursement maze. This book also covers coordinating multiple caregivers, preparing the home for care, and many other practical topics. \* Caregivers understand lymphedema, their role in lymphedema care, specific skills for providing physical care and emotional support, and how to manage equipment and supplies for home care. They will also learn ways to protect themselves from physical injury and emotional burnout as caregivers. \* Lymphedema therapists work more effectively with their patients and the patient's caregivers. \* Home care planners and administrators understand lymphedema and the special requirements of lymphedema home care. About the authors: \* Mary Kathleen Kearse, PT, CLT-LANA, has worked full time with lymphedema patients for nine years and practiced physical therapy for 24 years. \* Elizabeth McMahon, PhD is a clinical psychologist and co-author of *Living Well with Lymphedema*, author of *Overcoming the Emotional Challenges of Lymphedema*, and co-editor of *Voices of Lymphedema*. \* Ann Ehrlich, MA is a professional medical writer, co-author of *Living Well with Lymphedema*, and co-editor of *Voices of Lymphedema*.

## Book Information

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## **Customer Reviews**

Library Journal (1/15/2009) in a starred review called this book "an amazing one-stop compendium of all the information one would need to be an effective, compassionate, and healthy caregiver to someone with lymphedema." --Library Journal (1/15/2009)

In NLN Lymph Link (Jan 2009), Bonnie Lasinski, MA, PT, CI, CLT-LANA, called this a book "a welcome reference that will compliment the self-care and home management program developed for individual patients by their lymphedema practitioner."

My daughter has severe Lymphedema in both legs. The hospital we use for her treatment and instructions for wrapping has very limited resources and instruction material and it is a very large, well known hospital. They gave me one lesson in wrapping and sent us on our way. Lymphedema is a very serious condition and is not curable. This book was such a great help and I felt there were others out there that were going through what we were. It's a great source of information and compassion.

This is an excellent and comprehensive book for anyone who is dealing with lymphedema or is caring for someone who does. There are so many issues around this little understood and undertreated disorder. This book helped me to be able to have sound facts and knowledge with which to speak to health care professionals.

I learned some very necessary information with this book. It was recommended by my lymphedema specialist and was worth the purchase. If you have lymphedema, you should have this book.

Excellent perspective on lymphedema and caregiving.

GOOD INFO

great book for caregiver with lymphedema patient

all good

Helpfull

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